



Non-Emergency Numbers:

AOG	783-3181
Alma Police Department	632-3333
Arkansas State Police Troop H	783-5195
City Transit	783-6464
Code Enforcement	784-1025
Crawford County Sheriff's Office	474-2261
District Court Office	784-2420
Fort Smith Police Department	709-5000
OG&E	800-522-6870
St. Edward Mercy Medical Center	314-6000
Sebastian County EMS	783-4151
Sebastian County Humane Society	783-4395
Sebastian County Jail	783-4988
Sebastian County Sheriff's Office	783-1051
Sebastian County Traps Line	784-1040
Sparks Regional Medical Center	441-4000
Street Department	784-2360
Van Buren Police Department	474-1234
Water Department	784-2342

911 Pride Award

Do you know of a child, age 17 or under that called 911 in an emergency situation? If so, please send us a letter with the story to the
Ft. Smith Police Department
c/o Rhonda Harper
100 S 10th St. Ft. Smith, AR 72901 and watch for it in upcoming editions.

How do I protect my family from the Sun?

Cover Up:

When you are out in the sun wear clothing to protect your skin.

Use Sunscreen:

When selecting a product be sure to read the label and protection level before you purchase it.

Wear A Hat:

This will protect areas such as ears, eyes, forehead, nose and head that are often exposed to intense sun.

Wear Sunglasses:

Ideal sunglasses don't have to be expensive but they should block 99% of UVA rays.

Tips to "Staying Healthy During the Summer Months"

Summer is here and in full force this year, with high temperatures and humidity here are a few tips to stay healthy:

- **Drink plenty of water to prevent dehydration during warm summer days, children and infants can become dehydrated more easily than adults.**
- **Wear sunscreen and pack a First-Aid-Kit for emergencies**
- **Call 911 in an emergency for Police, Fire or EMS, for a non-emergency call 479-709-5000 to speak with the front desk**

Remember Stay Safe and Have Fun ~ Drink Plenty of Water!

Emergency Preparedness Youth Activities

Talking about emergencies with children can be difficult because no one wants to create unnecessary fear and no one wants to think that an emergency could happen to them. However, the reality is that emergencies can happen to anyone at any time, and the best defense is to be prepared. A list of activities for children was created to help them learn about emergency preparedness. Activities are listed below, separated by age group.

Elementary Age:

- Have a scavenger hunt for items that would be included in an emergency kit, these items could include a flashlight, batteries, battery-operated radio, canned or dried foods, water, first aid kits, etc.
- Talk to them about different types of emergencies and where they can happen such as at school, home, restaurants, etc. and what they should do if an emergency does occur. Then have your children create you a story with pictures telling you how they would prepare for one of the types of emergencies you discussed with them.

Middle School Age:

- Have children search for related stories that discuss emergency preparedness and / or safety. There are several stories of how people have been faced with emergencies and disasters and how they prepared for them, then have your children create their own plan, would they do the same things, or something differently and why.
- Have a scavenger hunt for items that would be included in an emergency kit, then create an emergency kit for usage, making sure to have enough food and water for each member of the family and pets if they have them.

High School Age:

- Create a list of items needed for emergency kits, then create a kit including all appropriate items including flashlights, batteries, battery-operated radio, canned or dried foods, water, first aid kits, etc.
- Get together with friends and help them create their own emergency kits then create one for your vehicles and your parents vehicles.
- Volunteer with community organizations assisting them in creating emergency kits and getting the information to others within your community of how to create their own kits